

Can This Economy Be The Cause Of Your Headaches?

... Is There A "Bail-Out" Available For Your Headaches?

The economy is a pain in the neck; and maybe your head. Even our new/next president, Barack Obama, says it's going to "take time" for things to get better.

How much time? Nobody knows. And as more companies receive "bail-outs" and the amount of these "bail-outs" grows, one thing *is* sure: the bill to the American taxpayer keeps growing too.

But the question is: after big corporate fat cats have gotten their "bail-out", who's looking out for you? Well a local Doctor of Chiropractic is offering a "bail-out" for headaches caused by the stress and strain of this bleak economic situation.

Why headaches? Because a large percentage of these headaches are "tension-type" headaches. Another common type of headache is called "cervicogenic."

This is important because a 2001 Duke University study was published to determine what treatment help these types of headaches. According to the study:

"Manipulation appeared to result in immediate improvement in headache severity when used to treat episodes of cervicogenic headache when compared with an attention-placebo control.

Furthermore, when compared to soft-tissue therapies (massage), a course of manipulation treatments resulted in sustained improvement in headache frequency and severity."*

Almost everyone knows Chiropractic treatments can help back and neck pain. But many still do not know the great results doctors of chiropractic can get with the most common types of headaches.

Like all doctors' offices, care may vary from office to office. So if you are looking for a Chiropractor who offers short term, affordable headache pain relief, or if you have questions, call Gastonia Chiropractor Dr. Lidia Adkins at 704-853-8000. You can be seen immediately with no obligation to extensive treatment plans.

References

*<https://www.fcer.org/html/Research/DukeEvidenceReport.htm>